

The *progymnasmata* as we tend to present them may be seen as something new or even odd in the context of Slovenian education. But we mustn't forget that these exercises were (and still are) a constitutive part of a western educational tradition. Their value lies in a very precise structuring that appears in the form of lists of explicit instructions. Moreover, preliminary exercises present a natural sequence of assignments in reading, writing and public performance, which gradually increase in difficulty. Therefore, to this day, they still remain very effective exercises that can provide students with verbal skills in the broadest sense.